

■ 2009 MSHSAA Track and Field Championships Schedule

■ **Championship Dates: Class 1 & 2 - May 22-23** ■ **Class 3 & 4 - May 29-30**

Day 1 -- Friday, May 22 & 29, 2009

Field Events: (Long and Triple Jump will be run cafeteria style. High Jump (3 alive) and Pole Vault (5 alive) will be run as final events only. All other field events will consist of prelims and finals.)

11:00 a.m. Pole Vault: Class 2, 4 Girls (check in/warm up 9:45 a.m.)
Long Jump: Class 1, 3 Boys
High Jump: Class 1, 3 Girls
Shot Put: Class 1, 3 Boys
Discus: Class 2, 4 Girls
Triple Jump: Class 2, 4 Boys

2:00 p.m. Pole Vault: Class 2, 4 Boys
Triple Jump: Class 1, 3 Girls
High Jump: Class 1, 3 Boys
Shot Put: Class 1, 3 Girls
Discus: Class 2, 4 Boys
Long Jump: Class 2, 4 Girls

Running Events: (Class 2, 4 Girls precede Class 1, 3 Girls and Class 2, 4 Boys precede Class 1, 3 Boys for all prelims and finals)

Noon 4x800m Relay, FINAL, 1 Sect. of 16, Class 2, 4 Girls
4x800m Relay, FINAL, 1 Sect. of 16, Class 1, 3 Girls

12:30 p.m. 100 High Hurdles (2 Heats) Class 2, 4 Girls
100 High Hurdles (2 Heats) Class 1, 3 Girls

12:50 p.m. 110 High Hurdles (2 Heats) Class 2, 4 Boys
110 High Hurdles (2 Heats) Class 1, 3 Boys

1:10 p.m. 100m Dash (2 Heats) Class 2, 4 Girls
100m Dash (2 Heats) Class 1, 3 Girls

1:25 p.m. 100m Dash (2 Heats) Class 2, 4 Boys
100m Dash (2 Heats) Class 1, 3 Boys

1:40 p.m. 4x200m Relay (2 Heats) Class 2, 4 Girls
4x200m Relay (2 Heats) Class 1, 3 Girls

2:10 p.m. 4x200m Relay (2 Heats) Class 2, 4 Boys
4x200m Relay (2 Heats) Class 1, 3 Boys

2:40 p.m. 1600m Run, FINAL, 1 Sect. of 16, Class 2, 4 Boys
1600m Run, FINAL, 1 Sect. of 16, Class 1, 3 Boys

2:55 p.m. 4x100m Relay (2 Heats) Class 2, 4 Girls
4x100m Relay (2 Heats) Class 1, 3 Girls

3:15 p.m. 4x100m Relay (2 Heats) Class 2, 4 Boys
4x100m Relay (2 Heats) Class 1, 3 Boys

3:35 p.m. 400m Dash (2 Heats) Class 2, 4 Girls
400m Dash (2 Heats) Class 1, 3 Girls

3:50 p.m. 400m Dash (2 Heats) Class 2, 4 Boys
400m Dash (2 Heats) Class 1, 3 Boys

4:10 p.m. 300m Low Hurdles (2 Heats) Class 2, 4 Girls
300m Low Hurdles (2 Heats) Class 1, 3 Girls

4:30 p.m. 300m Intermediate Hurdles (2 Heats) Class 2, 4 Boys
300m Intermediate Hurdles (2 Heats) Class 1, 3 Boys

4:50 p.m. 800m Run FINAL, 1 Sect. of 16, Class 2, 4 Boys
800m Run FINAL, 1 Sect. of 16, Class 1, 3 Boys

5:00 p.m. 200m Dash (2 Heats) Class 2, 4 Girls
200m Dash (2 Heats) Class 1, 3 Girls

5:15 p.m. 200m Dash (2 Heats) Class 2, 4 Boys
200m Dash (2 Heats) Class 1, 3 Boys

5:30 p.m. 3200m Run, FINAL, 1 Sect. of 16, Class 2, 4 Girls
3200m Run, FINAL, 1 Sect. of 16, Class 1, 3 Girls

6:00 p.m. 4x400m Relay, (2 Heats), Class 2, 4 Girls
4x400m Relay, (2 Heats), Class 1, 3 Girls

6:30 p.m. 4x400m Relay, (2 Heats), Class 2, 4 Boys
4x400m Relay, (2 Heats), Class 1, 3 Boys

Day 2 -- Saturday, May 23 & 30, 2009

Field Events: (Long and Triple Jumps will be run cafeteria style. High Jump (3 alive) and Pole Vault (5 alive) will be run as final events only. All other field events will consist of prelims and finals.)

11:00 a.m. Pole Vault: Class 1, 3 Girls (check in/warm up 9:45 a.m.)
Long Jump: Class 2, 4 Boys
High Jump: Class 2, 4 Girls
Shot Put: Class 2, 4 Boys
Discus: Class 1, 3 Girls
Triple Jump: Class 1, 3 Boys

2:00 p.m. Pole Vault: Class 1, 3 Boys
Triple Jump: Class 2, 4 Girls
High Jump: Class 2, 4 Boys
Shot Put: Class 2, 4 Girls
Discus: Class 1, 3 Boys
Long Jump: Class 1, 3 Girls

Running Events: (Class 2, 4 Girls precede Class 1, 3 Girls and Class 2, 4 Boys precede Class 1, 3 Boys for all prelims and finals)

11:20 a.m. Opening Ceremonies

Noon 4x800m Relay, FINAL, 1 Sect. of 16, Class 2, 4 Boys
4x800m Relay, FINAL, 1 Sect. of 16, Class 1, 3 Boys

12:30 p.m. 100 High Hurdles, FINAL of 8, Class 2, 4 Girls
100 High Hurdles, FINAL of 8, Class 1, 3 Girls

12:40 p.m. 110 High Hurdles, FINAL of 8, Class 2, 4 Boys
110 High Hurdles, FINAL of 8, Class 1, 3 Boys

12:50 p.m. 100m Dash, FINAL of 8, Class 2, 4 Girls
100m Dash, FINAL of 8, Class 1, 3 Girls

1:00 p.m. 100m Dash, FINAL of 8, Class 2, 4 Boys
100m Dash, FINAL of 8, Class 1, 3 Boys

1:10 p.m. 4x200m Relay, FINAL of 8, Class 2, 4 Girls
4x200m Relay, FINAL of 8, Class 1, 3 Girls

1:25 p.m. 4x200m Relay, FINAL of 8, Class 2, 4 Boys
4x200m Relay, FINAL of 8, Class 1, 3 Boys

1:40 p.m. 1600m Run, FINAL, 1 Sect. of 16, Class 2, 4 Girls
1600m Run, FINAL, 1 Sect. of 16, Class 1, 3 Girls

1:55 p.m. 4x100m Relay, FINAL of 8, Class 2, 4 Girls
4x100m Relay, FINAL of 8, Class 1, 3 Girls

2:05 p.m. 4x100m Relay, FINAL of 8, Class 2, 4 Boys
4x100m Relay, FINAL of 8, Class 1, 3 Boys

2:15 p.m. 400m Dash, FINAL of 8, Class 2, 4 Girls
400m Dash, FINAL of 8, Class 1, 3 Girls

2:25 p.m. 400m Dash, FINAL of 8, Class 2, 4 Boys
400m Dash, FINAL of 8, Class 1, 3 Boys

2:35 p.m. 300m Low Hurdles, FINAL of 8, Class 2, 4 Girls
300m Low Hurdles, FINAL of 8, Class 1, 3 Girls

2:45 p.m. 300m Intermediate Hurdles, FINAL of 8, Class 2, 4 Boys
300m Intermediate Hurdles, FINAL of 8, Class 1, 3 Boys

2:55 p.m. 800m Run, FINAL, 1 Sect. of 16, Class 2, 4 Girls
800m Run, FINAL, 1 Sect. of 16, Class 1, 3 Girls

3:05 p.m. 200m Dash, FINAL of 8, Class 2, 4 Girls
200m Dash, FINAL of 8, Class 1, 3 Girls

3:15 p.m. 200m Dash, FINAL of 8, Class 2, 4 Boys
200m Dash, FINAL of 8, Class 1, 3 Boys

3:25 p.m. 3200m Run, FINAL, 1 Sect. of 16, Class 2, 4 Boys
3200m Run, FINAL, 1 Sect. of 16, Class 1, 3 Boys

3:55 p.m. 4x400m Relay, FINAL of 8, Class 2, 4 Girls
4x400m Relay, FINAL of 8, Class 1, 3 Girls

4:10 p.m. 4x400m Relay, FINAL of 8, Class 2, 4 Boys
4x400m Relay, FINAL of 8, Class 1, 3 Boys